

Walking Cairngorms in Scottish Highlands is a new pastime?

Walking Cairngorms and Scotland's Malt Whisky country takes you on an adventure. Enjoy days exploring Glenmore, Strathspey and Speyside plus Moray's world renowned golden coasts. The hills, forests and lochs are full of hidden fauna and flora, whisky coloured rivers and towns like Grantown with stories to tell and culture to experience. There's something for everyone – guided walks, talks and events, outdoor activities, walking challenges and endurance races throughout Moray and Cairngorms. Walking Cairngorms and Moray is highly recommended.

So, whether it's a big outdoor challenge or a gentle amble we look forward to welcoming you and encourage you not to wait for our Walking Festivals to enjoy a wide choice of walks in Speyside, Moray and Cairngorms. Take a short walking break where there are so many opportunities throughout our area that one visit just isn't enough. Consider the information available via any number of websites that can assist and guide you.

The Moray Council sponsor **MorayWays**, a guide to walks throughout Cairngorms, Speyside Moray is **Walkhighlands** offering a wide range of walks and features. If you'd like a break in and around Grantown; Speyside Way or **Davaway** or enjoying then the **Forres Footpaths Trust** offers a great range of walks to suit all abilities. Looking for something more exciting then look no further than **Outfit Moray**, who provide a wide range of adventure and outdoor activities.

2014 saw the launch of the first Cairngorms Walking Festival . Rangers and local guides are on hand to take you around the wonderful mountain trails, glimpse our unique wildlife. Will you be introducing walks in our Highlands to the next generation? Local guides and rangers can be booked in advantage to assist you. Rangers arrange routes regularly. Plan to undertake the walking routes yourself with Os Map, friends and family. Enjoy one of these wonderful days out simply **walking cairngorms and strathspey**.

Walking locally – we will recommend Walk Highlands or Living Walks as your online internet guides. All walks listed below are within easy reach of Tulach Ard House.

Highland Routes and Stats

Walk	Grade	Distance	Time
Nethy Bridge riverside and Dell woods		3km	1 hour
Viewpoints walk, Grantown-on-Spey		5km	1.5 hours
Castle Roy circuit, Nethy Bridge		5.5km	1.5 hours
Beachen Wood, Grantown-on-Spey		6.25km	1 – 1.5 hours
Dulnain Bridge and Curr Woods		8.5km	2.5 – 3 hours
Loch Garten and Garten woods		9km	2 – 2.5 hours
River Spey and woodland walk, Boat of Garten		9.75km	2.5 – 3 hours
Anagach Woods and the River Spey, Grantown		11.5km	2.5 – 3.5 hours
Revack Estate forest circuit		4km	1 – 1.5 hours
Ryvoan Pass – Glenmore to Nethy Bridge		14.5km	4.5 – 5 hours
Abernethy Forest and Ryvoan circuit		16km	5 – 6 hours
Creagan a' Chaise, Cromdale Hills		16km	4 – 5 hours
Carn a' Ghille Charr, Cromdale Hills		10.5km	3.5 – 4.5 hours
Geal Charn, from Dorback Lodge near Nethy Bridge		13.25km	3.5 – 4 hours
The Dava Way		38km	3 stages
The Speyside Way		107km	6 stages

Hill [Walking Cairngorms](#): see below well known hill walks in Cairngorms for all of which can be ranger led:

Ben Macdui

Ben Macdui is the 2nd highest mountain in the UK Starting off at the car park next to the Ranger Base with a ranger heading to Fiacail a Choire Cas ridge on a well maintained path towards Coire an t-sneach with the most stunning scenery. After passing Cairn Lochan and going up on the ridge you will be take in magnificent views looking down to Lairig Ghru and to the summits of Braeriach and Cairn Toul . This walk is roughly 11 miles with 932m of ascent and takes roughly 6 to 8 hours. Bring along your lunch, camera and enjoy the views.

Cairn Gorm by Windy Ridge Path

Climb Cairn Gorm by the Windy Ridge route with a ranger or experienced guide. It's short, it's steep at first, it's interesting all the way. Suitable also for children aged 6 and over.

Northern Corries

An experienced guide will guarantee you a fascinating walk with stories of the mountains, spectacular views of the cliffs and lochans. There is a good chance of seeing ptarmigan among the late snow beds, and there may also be reindeer and migrant birds. The pace will be easy, but you will need to be prepared with mountain boots, waterproof jacket and trousers and warm clothing. CairnGorm Mountain can loan equipment if necessary.

Allt Mor Trail

Starting off at CairnGorm Mountain Car Park we have a lovely walk down to Glenmore taking in glorious views of Loch Morlich and beyond. You will get the opportunity to appreciate the variety of plant life such as Scots Pine, heather, blueberry and juniper. You will be following the Allt Mor stream and might be lucky enough to see a reindeer or deer. The walk with a guide or ranger will be at the slowest person's pace and there will be regular stops to take a photo and listen to your guide as he/she tells you about the folklore, geography and geology of the area. Remember to take your camera to capture these wonderful scenic views. ****You will require money for the bus fare back to CairnGorm Mountain or Aviemore.***

Cairn Lochan Hill Walk

Cairn Lochan is the most spectacular of the Cairngorms peaks overlooking the ski area. Although the climb is quite straightforward on good mountain trails, the summit cairns are divided by an enormous gash which splits the summit cliffs, known as the Vent. Below this lies the Great Slab, a pink granite slope which is infamous for its annual avalanches into the lochans below. Our walk will be expertly guided at a steady pace to let you enjoy this dramatic landscape in safety.

Sneachda Burn

A short walk along the Northern Corries Path to the stepping stones at the Allt Coire an t-Sneachda, the Sneachda Burn. The path is fairly level and if you can walk a couple of miles at a steady pace, this is a fascinating introduction to the scenery and wildlife of the Cairngorms.

Shelter Stone

Join a ranger for a walk over the mountain to Loch Avon and the Shelter Stone, the fabled hide-out of caterans and a popular destination for generations of walkers. Expect a rugged and steep all-day walk with several rough sections and walking alongside steep drops. Bring lunch and something to drink. Not suitable for children under 14.

Lochan & Lurchers

Climb to the plateau the gentle way, across the front of the Northern Corries and up the broad ridge beside Coire an Lochan, with great views. We will cross to the top of the slope overlooking the Lairig Ghru and visit the mountain many people treat as sacred – Creag an Leth-choin, or Lurcher's Crag. Bring lunch and enjoy the views.

Walking Scottish Highlands for all

We encourage and support [walking cairngorms in scottish highlands](#). Local Guides, OS Maps are all available for you at Tulach Ard House.

Enjoy Walking Cairngorms Scottish Highlands

Loch and Castles

Loch Galore for walking trails, picnic spots and wildlife near Tulach Ard
our Bed and Breakfast Grantown on Spey

Lochs and Castles, Historical Scotland near Tulach Ard House.

Loch Insh,	Ballindalloch Castle
Loch Garten,	Castle Roy
Loch Mallachie	Balmoral Castle
Loch Pityoulish,	Braemar Castle
Loch An Eilean,	Ruthven Barracks
Loch Gamhna,	Rait Castle
Loch Alvie,	Cawdor Castle
Loch Morlich	Brodie Castle
Lochindorb and Castle.	Drumin Castle
Gordon Castle, Spynie Castle	Duffus Castle

Cycle, walk or just drive on by – but please do stop a minute
and enjoy our Lochs and Castles.

One of the biggest changes in The Cairngorms National Park
and beyond came as a result of The Victorians love of The
Highlands. Tourism grew and keeping up with Queen Victoria
and Family became a must do for the wealthier visitors. Large
houses and shooting lodges were built and The Steam Railway
came to The Cairngorms.

**Lochs and Castles further afield to visit include:
Lochindorb, Fort George, Cawdor Castle, Clava Cairns and Culloden**

See the North East Castle Trail:

<https://www.visitscotland.com/see-do/attractions/castles/scotland-castle-trail/>

Mountain Sports: Activities based in Cairngorms National Park can be extreme or low key.

Information on all activities as listed below is available simply click on appropriate link:

- Climbing, Ski-ing, Snowboarding, Low & High Ground Walks, Local Walking Routes. **[click here](#)**
- Canoeing, Sailing, White Water Rafting, Canyoning, Tubing, **[click here](#)**
- Quad Biking, Orienteering, Archery & Shooting, Horse Riding, Wildlife Watching & Photography, High Rope Walks. **[click here](#)**
- Countryside Ranger Base Events – Countryside Rangers welcome visitors to the countryside and help people discover & appreciate what's around them. Rangers in the Park run Events throughout the year – planning ahead is essential. There are also many commercial operators that run land rover safaris, wildlife watching days and events. **[click here](#)**
- Mountain Biking Routes throughout the Cairngorms National Park **[click here](#)** and New in 2013:- The Glenlivet Mountain Bike Trail Centre.

Mountain Sports, Cairngorm National Park

Cairngorm Ice Bar, Blue Skies n Sunshine

Mountain Sports include: Ski The Cairngorms or Ski The Lecht.

Both Ski areas are easily accessible from Tulach Ard House here in Grantown on Spey
Mountain Sports : We enjoy Mountain Biking, Cycling, Watersports on Lochs and on Rivers, Fishing locally. Orienteering for all the family. Viewpoints and picnics too only found on Foot. Just ask and we'll pinpoint all on your OS map. In Grantown on Spey you will find that our local services, information point at The Museum, The Book Shop and Basecamp Bike Shop have all the information and knowledge needed to arrange Mountain Sports.

Date to fix a date for your trip and a Highland Games then check out Highland Games: dates and venue: <http://www.shga.co.uk/visitor-events.php>